

PSYCHOLOGY 3533 - SEXUAL BEHAVIOR
COURSE OUTLINE - WINTER 2013

<http://dogsbody.psych.mun.ca/3533/index.phtml>

INSTRUCTOR: Elena Hannah **OFFICE:** SN2056
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Important: Write P3533 on the subject line, followed by your first and last name.

OFFICE HOURS: Monday and Friday 4:00-5:00 p.m.
or by appointment.
Note: On occasion, a meeting or seminar will pre-empt scheduled office hours.

TEXTBOOK: Janet Hyde/John DeLamater: Understanding Human Sexuality, Fifth Canadian Edition (McGraw-Hill, 2009). Note: Do not purchase a used text older than the 4th Canadian Edition. Speak to instructor beforehand.

TOPICS AND CHAPTERS:

This order might change due to unforeseen circumstances. The dates of the midterms might also change.

Chapter No.

Topic

- | | |
|---|--|
| 1 | Sexuality in perspective: culture, science, religion and the media |
| 2 | Theoretical perspectives (not covered in lectures, use text only) |
| 3 | Research: surveys, laboratory and other methods |
| 4 | Anatomy of the sexual apparatus |
| 9 | Physiology of the sexual response; techniques of arousal |

NOTE: There will be several questions about the contents of this course outline! (pp. 2 & 3)

MIDTERM I: TUESDAY, FEBRUARY 5TH (subject to change)

**(SEMESTER BREAK: FEBRUARY 18TH, 19TH, 20TH)
(LECTURES RESUME THURSDAY, FEBRUARY 21ST)**

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- | | |
|---|---|
| 7 | Contraception and abortion |
| 8 | Sexually transmitted infections |
| 5 | Sex hormones, sexual differentiation and menstruation |
| 6 | Conception, pregnancy, birth and lactation |

NOTE: No previously tested chapters will be tested on this midterm unless there is a carry-over.

MIDTERM II: TUESDAY, MARCH 12TH (subject to change)

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- | | |
|----|--|
| 13 | Gender roles, male and female sexuality |
| 14 | Sexual orientation |
| 16 | Sexual coercion, harassment, sexual assault, child sexual abuse |
| 18 | Sexual disorders and therapy (from notes only) - if time permits |

plus review of selected previous topics: Chapters 1, 4, 8, 9

FINAL EXAM: DATE TO BE ANNOUNCED BY REGISTRAR

Please Note: Classes end on April 5th and Final Exams begin April 10th and end April 19th. Do not book travel until April 20th, as no deferred finals will be available due to early travel.

EVALUATION: Two midterm exams (30% each) and a final exam (40%).

All exams consist of objective questions, i.e. multiple choice, true/false, matching and fill-in-the-blanks. However, students writing deferred midterms (see below) will write essays instead of fill-in-the-blanks.

Exams will not be returned. Marks will be posted across from my office door about one week after the exam is written. If a student wishes to review her/his exam, they should contact the Teaching Assistant (details announced in class).

FORMAT OF THE COURSE:

- Lectures will focus in depth on specific issues and topics.
- Topics discussed in class will not necessarily follow the order of topics in the text.
- At times, videotapes and/or guest speakers will be presented depending on availability.
- **STUDENTS WILL BE RESPONSIBLE FOR THE CONTENTS OF ALL THE ASSIGNED CHAPTERS IN THE TEXT, EVEN IF IT IS NOT COVERED IN CLASS**, plus all material presented in lectures. Due to the large number of topics included in the course, students will be responsible for some chapters or parts of chapters, with little or no class coverage. However, all class notes are posted on the course website.
- Students are encouraged to come to class with a print-out of the notes to facilitate extra note-taking.
- Student input, class participation and contributions to discussion are immensely encouraged.
- Written questions/comments/feedback are also appreciated.
- Please note that lectures are not designed to summarize the text, but to awaken your interest and help you explore some important topics in depth.
- The last two chapters (18 and 15) may or may not be included, depending on available time.
- This course covers extensive information. It is highly recommended that students keep up to date with the weekly topics both from the textbook and from class notes.
- Lectures will be captured and made available on D2L.

MISSED TERM EXAMS:

- Only students with a medical or bereavement certificate will be given the chance of writing a deferred exam the following week (date and time TBA later).
- Please contact me beforehand so I can make the appropriate arrangements.
- No other reasons (travel, stress, etc.) will earn the privilege of writing a make-up exam.*
- Marks on the other exams will not be weighted differently to compensate for a missed exam.
- Make-up exams have short essay questions instead of fill-in-the-blanks, the rest is the standard format.
- **A student who misses both the exam and the deferred and fails to contact me within the week following the original midterm gets zero on that exam.***

*(At the discretion of the instructor certain exceptions may apply).

ABSENCE FROM CLASS:

- It is in your best interest to attend class, as you could be penalized by missing *changes in scheduled exams* or other important announcements.
- **None of the information in this outline is etched in stone.**
- Also, there will be information presented in class that is not in the textbook.
- Therefore, **it is the student's responsibility to find out what was said in class if they were absent. Students are strongly encouraged to develop a buddyship system to share class notes and relevant information.**
- Class notes are online, as well as announcements. It is advisable to preprint the slides before class.

STORM INFORMATION: The best source regarding class cancellation in case of snow storms is www.mun.ca. Please do not phone or e-mail your instructor for this information.

CONTACTING YOUR INSTRUCTOR:

If you have any problems, conflicts, questions, dilemmas, etc. that might affect your performance on this course please contact me a.s.a.p. I'm here to help you!

To contact me you could:

1. see me in my office
2. phone me at my office
3. leave a note for me in the Psychology Office (SN-2065)
4. pass a note under my office door
5. fax me (864-2430)
6. call the Psychology Office (864-8495) and leave a message
7. see me after class (not before)
8. e-mail me: erosen@play.psych.mun.ca → **Important: Write P3533 on the subject line, followed by your first and last name.**

CLASSROOM ETIQUETTE:

- **Cell phones must be turned off. Please refrain from leaving class to make or receive calls, as it is very disruptive. Try to refrain from texting! It distracts your classmates.**
- **Arrivals and departures: Arrive a few minutes before class begins and avoid leaving early. If late arrival or early departure is unavoidable, please sit close to the exit door to the left of the professor's desk, and use that door to enter or exit. See reason above.**
- **Conversations: Please refrain from conversing with your neighbours during lectures, because it distracts and bothers your fellow students.**

COURSE WEBSITE: <http://dogbody.psych.mun.ca/3533/index.phtml>

Lecture Notes are found here.

The Lectures are captured on D2L. You can find them using your my.mun name and password.

Notices and relevant information will be posted.

Exam marks will not be posted.

(They will be printed and posted on the wall across from my door).

Objectives of the course

1. To develop/affirm healthy attitudes toward sexuality.
2. To learn appropriate research methodology and its limitations, as well as the various theories that influence and guide research.
3. To master the basic anatomical organs involved in sexual behaviours, including the central nervous system and hormonal system.
4. To have a thorough understanding of the various physiological events in sexual behaviours.
5. To learn the appropriate terminology for all topics.
6. To become familiar with techniques to enhance communication and sexual pleasure.
7. To know how contraceptives work and how they fail, their pros and cons.
8. To learn about each common sexually transmitted infection: agent, risk factors, prevention, short and long term consequences.
9. To understand and learn basic facts about the reproduction cycle.
10. To understand how gender and culture determine many sexual behaviours.
11. To examine all types of sexual coercion.
12. To have a basic knowledge of sexual difficulties and possible treatments, and of less common sexual behaviours.